

LA SALLE GREEN HILLS  
High School Department

**1<sup>st</sup> TRIMESTER COURSE OUTLINE  
SCIENCE 4 – PHYSICS (REGULAR)  
SY 2010-2011**

**I. SCOPE AND SEQUENCE**

- A. Physics and the Natural Science
- B. Mathematics Review
  - 1. Significant Figures
  - 2. Scientific Notation
- C. Measurement
  - 1. Basic vs Derived Quantities
  - 2. SI Conversion
  - 3. Formula Transformation
- D. Scalars and Vectors
  - 1. Scalar Operations
  - 2. Vector Addition
    - a. Collinear Vectors
      - i. Parallel and Anti-Parallel Directions
      - ii. Addition of Collinear Vectors
    - b. Non Collinear Vectors
      - i. Polygon Method
      - ii. Component Method
- E. Horizontal Motion
  - 1. Non-Accelerated Horizontal Motion
  - 2. Accelerated Horizontal Motion
  - 3. Graphing Motion
- F. Vertical Motion
  - 1. Free fall vs Non-Free fall
  - 2. Cases of Vertical Ideal Motion
    - a. Bodies dropped
    - b. Bodies thrown downward
    - c. Bodies thrown upward
- G. Projectile Motion
  - 1. Factors of 2-dimensional Ideal Motion
  - 2. Cases of Projectile Motion
    - a. Horizontal Projectiles
    - b. Angled Projectiles
- H. Newton's 1<sup>st</sup> Law of Motion
  - 1. Translational Equilibrium
  - 2. Rotational Equilibrium
  - 3. Equilibrium of System of Masses